Supplies:
5" X 5" square of 32 ct. Summer Khaki Belfast Linen by Zweigart
DMC Embroidery Floss or Needlepoint, Inc. silk in colors listed in color key.

Directions:
Find the center of the 5" square of fabric and start your scissors keep there. All stitches are worked with 2 strands of floss except the French Knots which use one strand.

Finishing:
Count out 18 threads from the top and sides of border. Score and cut away excess fabric. Fold the fabric in half horizontally (right sides together) and stitch across each side 8 threads in from the edge. Turn right side out. Fold under eight threads along unfinished edge (toward inside). Make twisted cord from DMC 936, Needlepoint Silk 294, or use purchased ribbon. Fold in half and knot at ends. Insert knotted end into opening of keep and begin to whip stitch opening together. Leave a small area unstitched at the bottom of the keep. Fill keep with emery grains or...use rice. After filling, finish whip stitching the opening together. Loop cord through scissors.

© C.A. Zittel / The Drawn Thread / 1997. This chart may be reproduced and distributed for promotional purposes but may not be sold. Needlepoint, Inc. silk courtesy of NeedleXpress, 166 Grant Avenue, San Francisco, CA 94108, 800-616-1622. Belfast Linen courtesy of Zweigart.